This year’s European Orthodontic Society (EOS) Congress was hosted in Edinburgh, Scotland. The event, which gathered around 2,300 orthodontists, aimed to inform the community about the latest developments in the field and traditionally featured a number of prominent keynote speakers presenting their latest research and findings. ortho spoke with congress-goers to learn what makes the event so popular among orthodontists.

Azzah Alhazmi, Sweden
I am a postgraduate student at Karolinska Institutet, a university in Huddinge near Stockholm. Attending this congress is part of our postgraduate programme; all students are here. It’s my first time at the congress and I think it’s really nice. Some of the lectures are really interesting. Summer is also a great time to host this event. I will graduate in 2020, so I think I’ll come back for another EOS Congress.

Dr Roland Zettel, Switzerland
I have my own practice in Teufen and have so far attended four or five EOS congresses over the years. I am now planning to attend every year, as it is a great opportunity to combine education and sightseeing. I attended the opening ceremony and saw the Red Hot Chilli Pipers play. I also went on the Red Bus Tour to Holyrood Palace. The congress has a very relaxed atmosphere and it’s a great event for networking.

Dr Pongsri Brudvik, Norway
I used to work for the University of Bergen. I retired two years ago as a lecturer, but kept working on a private basis for one day a week because I wanted to finish off my patients. I have attended many EOS congresses, probably more than ten. It is always a pleasure to meet other colleagues and get the latest updates in orthodontics. This may be my last congress, as I am now planning to fully retire; however, I have already met a number of colleagues from other countries who have already retired, but are here anyway.

Dr Masanori Yasui, Japan
This is my second EOS Congress. I have my own practice in Kawasaki and flew 12 hours to Edinburgh. My research is being displayed in this year’s poster session. I think it’s a great congress. It’s smaller than other congresses, like AAO, but small and compact is good.

Dr Milla Mörönen, Finland
I work at a public health care centre in Alavus. As I am the only orthodontist in a region of 25,000 people, treating all of its children, I must see what is going on in orthodontics. I need scientific facts to support my own decision-making. I am an EOS member and this is the fourth congress I am attending. After Venice, Warsaw and Stockholm, I think the EOS congresses are always well organised and besides being informative they are also fun. I am already thinking about attending the congress of the World Federation of Orthodontists, which will be held in Yokohama in 2020. I have never been to Japan.
Nice, Hamburg, Oslo, Limassol and Athens to host upcoming EOS congresses

While attendees are still raving about Edinburgh, where this year’s European Orthodontic Society (EOS) Congress was held, the members of the EOS have already planned far ahead. With Nice in France, Hamburg in Germany, Oslo in Norway, Limassol in Cyprus and Athens in Greece, the organisers have chosen to take participating orthodontists to extraordinary places that are world-famous for their flair and hospitality.

In 2019, the EOS Congress will take place in Nice. To be held from 17 to 22 June at the Nice Acropolis Convention Centre, the event will address genetic research, among other topics. In Nice, on the French Riviera, visitors will find various places of interest. The Promenade des Anglais is a pedestrian area that follows the curve of the Baie des Anges beaches. The seaside esplanade is lined with palm trees. Other attractions include the Musée d’art moderne et d’art contemporain [museum of modern and contemporary art], the monastery Monastère Notre Dame de Cimiez and the Colline du Château park.

The 96th Congress of the European Orthodontic Society will be held in Hamburg from 10 to 14 June 2020 and focus on the role of orthodontics and dentofacial orthopaedics and on bones in orthodontics. The venue, the Congress Center Hamburg, is centrally located and enables participants not only to take part in the event’s social programme but also to explore the city and its famous sights on their own. Highlights of the Hanseatic city are the harbour and the famous, only recently inaugurated, Elbphilharmonie concert hall.

“For many, Hamburg is Germany’s finest city—a cosmopolitan host open to change. It is a great honour for me and our organising committee to host this event in Germany for the 12th time,” stated Prof. Bärbel Kahl-Nieke, Director of the Department of Orthodontics at the University Medical Center Hamburg-Eppendorf and EOS President-elect 2020.

For 2021, the EOS is inviting members and non-members to Limassol. From 31 May to 5 June, the Spyros Kyprianou Palais des Sports will be open to international orthodontists looking for educational and networking opportunities. The cosmopolitan hub of Cyprus is located on the Mediterranean Sea and well known for its restored old town centre.

Oslo will be welcoming the orthodontic community in 2022. Although the dates have not been announced yet, regular congress attendees may already want to do some research on the city, which offers a variety of attractions, including the Viking Ship Museum, Norwegian National Opera and Ballet, TusenFryd amusement park, and Holmenkollen ski museum and tower.

Taking place in 2023 in Athens, one of the oldest cities in the world, the 99th edition of the EOS Congress should be on the event list of all orthodontists who are history buffs. Must-see places include the famous Acropolis, a large hill that lies in the centre of the city and contains a cluster of ancient ruins, the Panathenaic Stadium, an ancient multi-purpose stadium that hosted the first-ever Olympic Games in 1896, and Plaka, a historic district of Athens known as the “Neighbourhood of the Gods” with small labyrinthine streets.
BOC interview: “There was a strong emphasis on interdisciplinary care”

By Brendan Day

The 31st British Orthodontic Conference (BOC) is took place in London from 27 to 29 September and featured a number of innovative sessions under the umbrella of the dental specialty. Ortho spoke with BOC 2018 Chairman Dr Richard Jones about the first conference in 1986 and asked him about his 2018 congress highlights.

What did the theme of “Orthodontics 360°” mean for attendees of this year’s BOC?

The theme neatly summed up our goal to not only explore the full circle of orthodontic topics during the congress, but also focus outwardly on the wider dental world that surrounds us and how we can work closer and better with our dental colleagues. Hence, there was a strong emphasis on interdisciplinary care with a number of themed sessions.

Are there any particular speakers or events that you were looking forward to?

It is impossible, and probably unfair, to single out any individual presentations or lecturers, bearing in mind that we have had a record 66 presentations from speakers from home and abroad. We also had a record number of parallel sessions, with three full days of parallel sessions and two half-day sessions running alongside the main scientific programme. There really was something for everyone, with dedicated sessions for therapists, nurses, managers and support staff. There was a large number of dedicated interdisciplinary sessions within the main scientific programme, including presentations on ortho-restorative treatment, orthognathic treatment, the ortho-periodontal interface, the role of orthodontics in the management of temporomandibular joint disorders, and the role and challenges for orthodontics in association with trauma.

There were also themed sessions dedicated to aligner treatment, a modality that is becoming increasingly popular, and also to lingual orthodontic treatment. If I were to highlight one single lecture, it would be the prestigious Northcroft Memorial Lecture. The honour of delivering it fell to the UK’s own Prof. Martyn Cobourne, who discussed his career-long research into craniofacial development.

An essential and very enjoyable aspect of any conference is the networking that accompanies the social programme. This year’s BOC was no exception, with our “Rule, Britannia!” gala reception that took place at Church House, adjacent to Westminster Abbey. The conference-closing black tie banquet, the Glitter Ball, took place at the iconic Connaught rooms in Covent Garden.

How has the BOC developed over the years? Were there any new features at this year’s conference?

This year was the 31st BOC, but, remarkably, the first in London. The very first BOC took place at a hotel in Bournemouth in 1986 and was the first joint venture of the then multiple national orthodontic organisations. The BOC was, in many ways, the precursor to the now unified society that is the British Orthodontic Society. That first conference had a few hundred attendees, but has now grown into arguably the largest specialist dental conference in the UK, with regular attendances of over 1,200 people.

Unlike most large conferences, the BOC is not organised by professional conference organisers, but by a team of society members on a voluntary basis supported by a dedicated HQ team. These teams look to constantly innovate and improve the BOC experience for attendees and this year is no exception. This year, we held the first parallel session dedicated to secondary care with a focus on orthognathic treatment and 3-D surgical planning. TED Talks have taken the business world by storm and so this year we introduced our own take on this with the OrthoTED session, showcasing a number of dynamic short talks with a focus on new technology and how this is influencing education and treatment. With so much to choose from, attendees were hopefully torn in terms of which session to attend. Fortunately, this year we made that dilemma a little easier with the introduction of the BOC catch-up session, in which video recordings of many presentations were shown in a cinema-style session at a later time during the conference.
International events

2018

Southern Association of Orthodontists 2018 – SAO Annual Meeting
4–6 October 2018
New Orleans, US
www.saortho.org

Pacific Coast Society of Orthodontists – PCSO 82nd Annual Session
11–14 October 2018
Monterey, US
www.pcsortho.org/Educational-opportunities/annual-session.aspx

Italian Society of Orthodontics – 49th SIDO International Congress 2018
11–13 October 2018
Florence, Italy
http://congressosido2018.sido.it/en

16th Congress of the Turkish Orthodontic Society
13–17 October 2018
Izmir, Turkey
www.tod2018.org/eng

Egyptian Orthodontic Society – Mediterranean Orthodontics Congress
26–28 October 2018
Alexandria, Egypt
www.moip2018.com

77th Joint Meeting of the Japanese Orthodontic Society and the Korean Association of Orthodontists
30 October–1 November 2018
Yokohama, Japan
www.congre.co.jp/jos2018/en

Northeastern Society of Orthodontists – NESO 2018 Annual Meeting
2–3 November 2018
Uncasville, US
www.neso.org

German Association for Aligner Orthodontics – 5th Scientific Conference for Aligner Orthodontics
23–24 November 2018
Cologne, Germany
www.dgao.com

18th International Orthodontic Symposium and 6th EAO Academy
29 November–1 December 2018
Prague, Czech Republic
www.ios-prague.com

2019

American Association of Orthodontists – AAO Winter Conference
25–27 January 2019
Marco Island, US
www.aaainfo.org/meetings

AEEDC World Orthodontic Conference
3–4 February 2019
Dubai, UAE
https://aedd.com/aedd-dubai-world-orthodontic-conference-2018

Association of Orthodontists Singapore – AOSC 2019 Scientific Conference
22–24 February 2019
Singapore
https://aoscongress.com

International Dental Show – IDS
12–16 March 2019
Cologne, Germany
https://english.ids-cologne.de